



TOWER HEIGHTS MIDDLE SCHOOL

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Clint Freese, Principal

From the Office of Student Services - Centerville City Schools

Tammy Drerup
Director of Student Services
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Dear School Community,

Centerville City Schools is committed to the safety and health of our students and staff. We want to inform you that we have recently received information about one or more new confirmed case of COVID-19 in a student or staff person at Tower Heights Middle School. There are no close contacts in the building.

How You Can Help

Be proactive about reducing the number of interactions that students and staff have with one another by practicing social distancing (staying at least 6 feet apart) to limit the spread of COVID-19. In addition to physical distancing, these critical tools help to prevent the spread of COVID-19:

1. Stay home when you are sick.
2. Wear a mask or face covering while in public places or if people who don't live with you must visit your home.
3. Avoid unnecessary gatherings with people who don't live in your home.
4. Avoid sharing food, drinks, or utensils.

5. Wash your hands often with soap and water for at least 20 seconds. Sing the Happy Birthday song twice to help know when it has been 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers that contain at least 60% alcohol.
6. Cover your coughs and sneezes with a tissue, then dispose of the tissue and immediately wash your hands. If you do not have a tissue, use your sleeve, not your hands, to cover coughs and sneezes. If you are experiencing cough or congestion, consider staying home and seeking medical care.
7. Regularly clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipes. The Centers for Disease Control and Prevention recommends cleaning frequently touched surfaces with household cleaners and EPA-registered disinfectants that are appropriate for the surface, following label instructions. A simple bleach solution may also be utilized.

If you have any questions, contact Jan Tangeman, School Nurse for Tower Heights Middle School at 937-434-03830, or the Public Health Department Montgomery County at 937-225-4542. Thank you for helping keep people safe and slow the spread of COVID-19 in our community and school.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634) or visit coronavirus.ohio.gov

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

Sincerely,

Clint Freese, Principal

Jan Tangeman, School Nurse